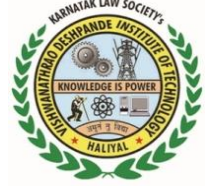




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Report of Talk on “Womens-Health, Wellness & Selfcare”

The event “Women’s - Health, Wellness & Selfcare” was organised by the Department of Civil Engineering in association with Internal Complaints Committee on 29/10/2021 at 11:00 AM. Dr. Geeta Bammangoudar was the resource person for the event. Girls’ students of KLS’s VDIT and BBA students attended the talk in Visvesvaraya Seminar hall along with the ladies teaching and non-teaching staff. The formal function was also attended by Dean Academic Dr. R.S. Munolli, Dean Admin Prof. Manjunath D., Dean R&D Dr. Mahendra Dixit and Dean III Prof. S. D. Kulkarni and the Department heads of KLS’s VDIT, Haliyal. The event was anchored by Prof. Rohini K. from E&C department.

Welcome speech was delivered by Prof. Harsha Jadhav, Head of the Civil Engineering department. Dr. Meenal Kaliwal introduced the Chief Guest Dr. Geeta Bammangoudar to the august gathering and also briefed about the functioning of ICC. Principal Dr. V. A. Kulkarni, presented the bouquet to the Chief Guest Dr. Geeta B. Presidential remarks was given by the Principal Dr. V. A. Kulkarni.

Dr. Geeta Bammangoudar currently serving as a Physician in Arogya Sparsh Multispeciality Hospital, Sattur, Dharwad delivered the talk on what are the different types of health issues faced by teenagers and the working women.

Madam also focused on how to overcome the stress in day today's life. The event was made more interesting by Dr. Geeta by performing different types of exercise specially for ladies and girls. Dr. Geeta also discussed about the harmonal changes and the obesity problems in ladies.

After the talk students gave feedback about the event. The questionare session received huge response from the audience. Vote of thanks was given by Prof. Parvati Oni.

Department of Civil Engineering and the ICC team feels proud to organize such a successful event and would like to convey thanks to the KLS Management and the Principal Dr. V. A. Kulkarni for timely advice and supporting in organizing such events.



Dr. Meenal M. Kaliwal
ICC Chairperson